

## Weekly Menu: Autumn Term 2021 Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>				
Roast Chicken	Indian Kofta Curry	Salmon Fish Fingers	Rainbow Chicken	Fish Burger
Veggie Nuggets	Autumn Vegetable Casserole	Hunter's Style Quorn Fillet	Vegetable Lasagne	Cumberland Vegetarian Sausage
Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato
Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich
Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
Tuna Sandwich	Tuna Sandwich	Tuna Sandwich	Tuna Sandwich	Tuna Sandwich
<b>Dessert</b>				
Fresh Fruit & Yoghurt Station	Plum & Apple Crumble	Lemon Drizzle Sponge	Carrot cake	Date & Cocoa Brownies
	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt

### Allergens

**Ham Sandwich:** Cereals containing gluten; **Cheese Sandwich:** Cereals containing gluten, Milk; **Tuna Sandwich:** Cereals containing gluten, Eggs, Fish; **Jacket Potato :** No allergens; **Roast Chicken:** No allergens; **Veggie Nuggets:** Cereals containing gluten; **Salmon Fish Fingers:** Cereals containing gluten, Fish; **Carrot cake:** Cereals containing gluten, Eggs; **Fresh Fruit & Yoghurt Station:** Milk; **Indian Kofta Curry:** Celery, Mustard; **Plum & Apple Crumble:** Cereals containing gluten, Milk; **Hunter's Style Quorn Fillet:** Celery, Cereals containing gluten, Eggs; **Rainbow Chicken:** Celery, Milk; **Cumberland Vegetarian Sausage:** Soya; **Date & Cocoa Brownies:** Cereals containing gluten, Eggs, Milk; **Autumn Vegetable Casserole:** Celery, Mustard; **Vegetable Lasagne:** Celery, Cereals containing gluten, Eggs, Milk; **Lemon Drizzle Sponge:** Cereals containing gluten, Eggs, Milk; **Fish Burger:** Cereals containing gluten, Fish