



Christ the Sower Ecumenical School



19 May 2023

Dear Parents

Well, it looks as though Summer has finally arrived – hasn't it been glorious to see the sun this week? Please make sure that you have applied sunscreen to your child in the morning and also provided a hat for them to wear, to ensure that we can keep them safe from the sun at playtime.

Thankyou to those parents who attended Mrs Robertson's Online Safety talk on Wednesday, she shared lots of information about the dangers of unsupervised online time and the use of certain apps that are just not suitable for primary aged children. She will continue to send out information about this, and there is also a page on our website dedicated to online safety here: [Christ the Sower - E-Safety for Parents \(ctsmk.org.uk\)](https://www.ctsmk.org.uk/Christ-the-Sower-E-Safety-for-Parents) so be sure to take a look to keep up to date with developments in this fast changing area.

Mrs Palfreyman also held a parents Phonics workshop yesterday, to support parents of children who are learning to read. It was a wonderfully informative session and I know that the parents who attended got a lot of information and ideas from the meeting. There is again, also a page on our website full of information about phonics for parents, so keep checking it to ensure that you are up to date: [Christ the Sower - Phonics \(ctsmk.org.uk\)](https://www.ctsmk.org.uk/Christ-the-Sower-Phonics)

Have a wonderful weekend

Miss Nugent

Headteacher

DATES FOR YOUR DIARY

Thursday 25 May 2023
Group / Leavers Photos

Friday 30 June 2023
Sports Day
EYFS & KS1 at 9 - 11am
KS2 at 1.15 - 3.15pm

Golden Book

We are very proud of all our children at CtS, a special well done to those that received Golden Book certificates this week!

Golden Book Winners

N	Holly
R	Charlotte
1	Ezra
2	Teddy
3	Asher Alice
4	Rahma
5	Mihai Riley B
6	Breeya Harry

Please note:

Parents / guardians are responsible for their children until the gate opens at 08.30, Children in Years 1 – 4 should not be left without adult supervision before this time.

The gate will shut promptly at 08.50, any children arriving after this time will need to report to the school office.

The school day ends at 3.15pm, children that are not collected by 3.30pm will be sent to the afterschool club, Allsorts which will incur a fee.

Attendance Bears

KS1— Acorn 98%
KS2— Wheat 100%
Well done!!



Each week we will be announcing the Dojo winning team who have earned most points over a week

The team that have earned the most points in the week ending 5 May is the **YELLOW Team**

WELL DONE Yellow TEAM

TT Rockstars

Year 3 - Abigail and Ben
Year 4 - Ranelle
Year 5 - Christos and Neo
Year 6 - Annaleise and Tobias



Dear Parent and Carers,

This term, in our PSHE lessons, Year 4 are looking at different aspects of health and hygiene and how to keep our bodies fit and healthy. As part of this, we will be learning about how to look after our teeth and the importance of good dental hygiene. This builds on our Science learning from earlier in the year where we looked at the structure of our teeth and the function of different types of teeth.

In order to give our PSHE learning a real-life context, we would like the children to have the opportunity to look at techniques for keeping our teeth clean and for them to see how effective their own strategies are.

The children will clean their teeth in school and then chew a disclosing tablet. Disclosing tablets temporarily stain the plaque build-up on teeth and highlight areas that children may be missing when brushing their teeth. We will then ask children to brush their teeth again to see how they can improve their brushing technique. The dye in the disclosing tablets is non-permanent and will not harm children's teeth or gums. If you would like more information about the tablets we plan to use please visit this website <https://www.boots.com/boots-advanced-plaque-disclosing-tablets-10154242>

We believe that this will be a practical way to support children to understand the importance of dental hygiene. As part of the lesson, we will discuss what constitutes good dental hygiene in more detail as well as looking at some of the risks associated with poor dental hygiene/diet on dental health.

There is no cost involved in this activity and you do not need to supply tooth brushes or toothpaste as we will provide all resources required. **If you do not wish your child to participate in this activity, please let the school office know by Monday 15th May.** If you have any questions or concerns, please do not hesitate to ask myself or leave a message with the school office.

Yours faithfully,

Mrs Palfreyman



Daisy



Poppy



Conker



Acorn



Clover



Mustard



Rosehip



Catkin



Sycamore



Barley



Wheat



Do you knit or crochet?

Can you help us by knitting or crocheting
poppies for our 2023 Poppy Cascade?



Artists impression

There are many poppy patterns available on the web, one suitable for beginners or more advanced knitters can be found here.

https://support.britishlegion.org.uk/pp/answers/detail/a_id/1346/~ /knit-or-crochet-a-poppy

The only thing we ask is that you leave **two** tails, approximately 4 inches/10cm in length for us to tie the poppies to our display.

2023 is a special year for St Mary's, as we celebrate 800 years of continuous use. One of the ways we want to mark this anniversary is to knit and crochet a cascade of poppies to honour the soldiers, sailors and air personnel who lost their lives during WW1, WW2 and the many conflicts since.



For further information please contact
Gill.culturepig@btinternet.com





SPORTS CAMP

30 + 31 MAY

10:00AM-2:00PM

@ CHRIST THE SOWER SCHOOL

**£20 A DAY/£35 BOTH DAYS
(Y3-6)**

TUESDAY - FOOTBALL/DODGEBALL

WEDNESDAY - BASKETBALL/BADMINTON



**FOR MORE INFORMATION
EMAIL**

CFROUD-SPORT@OUTLOOK.COM



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Therapy Dog Diesel that visits the school will be at Rickley park on 13 May and at the Big Doggie Do at Willen Lake on 20 May.

WEST BLETCHLEY FUN DOG SHOW

13TH MAY 2023 1-5PM



**Rickley Park,
MK3 6HF**

ADMIT ONE
£2 per class
Register on the
day from 1pm
Other activities
are available

**RAISING MONEY
FOR NAWT
BEDFORDSHIRE
(HULA ANIMAL
RESCUE)**

**For MK3
residents.**



**9 Categories - Trainers
Behaviourists - Dog Stalls
Have-a-Go Agility Course
Dog Paddle Pools**



**IN PARTNERSHIP WITH
HULA ANIMAL RESCUE**

DOG CATEGORIES & TIMES

1:30 Best Cross Breed
1:45 Handsome Hound
2:00 Finest Golden Oldie (7 years and over)
2:15 Prettiest Female Pooch
2:30 Child and Best Friend (Child under 16 years)
2:45 Interval/Display
3:15 Perfect Puppy (Under 12 months)
3:30 Best Rescue
3:45 Most Appealing Eyes
4:00 Judge Would Most Like to Take Home
4:15 BEST IN SHOW



**FIND THE EVENT PAGE ON
FACEBOOK.COM/WESTBLETCHLEYCOUNCIL**
events@westbletchleycouncil.gov.uk
or call 01908 370 348



Big Doggie Do returns for 2023!

This 2-day pooch party is back at Willen Lake on Saturday 20th and Sunday 21st May with dog shows, specialist stalls and entertainment throughout.

Taking place from 12pm to 5pm each day, this year's line-up includes;

- The chance to earn a 'round of a-paws' in the dog shows
- Talented dog displays
- Delicious range of food and drink
- Dog paw-trait artists
- Advice from MK Vet Group, our Dog Show sponsors
- Dock-diving from K9 Aqua-sport
- Flyball and hoopers with Keynes Kanines
- Vendors selling dog treats and accessories
- Animal charity stalls

Car parking is available at Willen Lake, charges apply. What3words location: [///majors.maps.bins](https://www.what3words.com/majors.maps.bins).

This event is free to attend and no booking is required. We hope to see you and your canine friends there!

All of our vendor spaces are now full for this year. A full list of this years vendors will be available soon.





BIKEABILITY OLYMPICS 2023 – Invitation for your child to participate on 25th May 2023

Dear Parent

We are contacting you about an exciting opportunity for your child to participate the second heat of MK Bikeability Olympics 2023. This will take place at Middleton Hall in the ~~the centre:mk~~ shopping centre at 3.45-5.45pm on Thursday 25th May and is open only to pupils who have completed Level 2 Bikeability training, which your child has done this year.

The event is free and will consist of five contests based on the Bikeability core functions. The event is being organised by Cycling Citizens MK in partnership with Milton Keynes Council and will be led by Milton Keynes Council's Bikeability instructors.

The five contests are:

1. **Obstacle course** – contestants demonstrate Bikeability Level 1 skills using balance, dexterity, control, and skill to negotiate a series of obstacles.
2. **Slow race** – The winner is the last to cross the line! Contestants demonstrate Bikeability Level 1 pedalling and braking skills in three timed races; the overall winner is the contestant with the greatest amount of time spent riding over the three races.
3. **Pump relay race** – contestants demonstrate Bikeability Level 1 skills by taking turns to approach a large traffic cone with a bike pump on the top, take the pump, do a U-turn and replace the pump on the cone.
4. **Bike detectives** – contestants demonstrate Bikeability Level 1 skills identifying faulty parts on a bicycle; the winner is the contestant who identifies them all in the shortest time.
5. **Road Ride** – contestants demonstrate Bikeability Level 2 skills during a short ride on local roads with light motor traffic, using the four core functions (communication, observation, priority, and positioning).

The event will be free of charge and there will be certificates for all participants and prizes for 1st, 2nd and 3rd placed winners in each event.

If your child would like to participate in the event, please complete this short online form:

<https://forms.gle/SAC9wRak3xbs696u9>

Further information can be found at:

www.citizensmk.org.uk/campaigns/cycling-citizensmk/mk-bikeability-olympics-2023.

If you have any questions, please contact cyclingmk@citizensuk.org, tel 07962 838685.

Kind regards,

Cycling Citizens MK and Milton Keynes Council



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