



## **Christ the Sower Ecumenical School** **PSHE Policy**



At Christ the Sower Ecumenical Primary School we provide the 'good earth' for all our children to flourish; where every child can learn and explore who they are created to be, with the high expectation that we, individually and collectively, will enable every child to be and do the best they can.

A loving place where we all care, learn and grow together.

### **Intent**

It is our intent that the education in PSHE enables children to become healthier, more independent and more responsible members of society. We encourage our children to play a positive role in contributing to the life of the school and the wider community, underlined by the strength of our core Christian values. In doing so, we help develop their self-worth. We teach them how society is organised and governed. We ensure that children experience the process of democracy through our School Parliament. We teach children about their rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse and multi-cultural society. Indeed, the teaching of PSHE helps us deliver the National Curriculum aims; "every state funded school must offer a curriculum which; promotes SMSC, mental and physical development of children and prepares children for opportunities, responsibilities and experiences of later life." We strive to develop the children's spiritual, moral, social and cultural development through CARE (Choices, Appreciation, Reflection and Engagement) in our school.

Our intent is to teach the children to making good choices, appreciate others and their world, reflect on their own actions and those of others, and engage in their learning within school and beyond school. Our PSHE curriculum will support them to:

- Develop positive and healthy relationships with their peers both now and in the future.
- Be reflective, resilient and independent learners, ready for life beyond primary school.
- Understand what is meant by a healthy lifestyle.
- Become thoughtful and respectful members of their community and hence active members of a democratic society, able to make informed choices regarding personal and social issues.
- Understand the physical aspects involved in RSE at an age appropriate level.
- Have respect for themselves and others.
- Have positive body images.
- Know how to and have the vocabulary to keep themselves safe physically, mentally and technologically.

### **Implementation**

- 45 minutes of PSHE is timetabled weekly in KS1 and KS2.
- The whole school take part in Education Awareness days and events like Anti-bullying week.

- Follow the PSHE association which is approved by the Department of Education in line with statutory requirements and changes to 'Relationships and Sex Education' 2021.
- Units related to Relationships, Living in the wider world and Health and wellbeing.
- Children have the opportunity reflect in all lessons.
- Promoting British Values and school values through our 'CARE' school rules of *Choices, Appreciation, Reflection and Engagement*.
- British Value assemblies are shared.
- External workshops take place over the year from various companies.
- School Parliament
- Eco Groups
- Year 6 Leaders

The planning for PSHE lessons at Christ the Sower are supported by the PSHE Association to support teachers when planning a personalised and flexible, age-appropriate PSHE education scheme of work over the course of a school year. Our overview which is thematic meaning all year groups will cover the same programme of study over the year developing skills in the specific areas. It enables us to develop our pupils' knowledge, skills and understanding based on the three core themes:

- Relationships
- Living in the wider world
- Health and Well-being

Content has been selected to ensure opportunities to explore the overarching concepts and to develop the essential skills and attributes set out in the Programme of Study, through a programme that is relevant and appropriate to the ethos of our school and the needs of our pupils. A spiral programme will revisit themes, gradually extending thinking, expanding knowledge and developing skills, rather than providing a series of 'one-off' topic.

### **Impact**

We would like our PSHE curriculum to support our children to develop positive and healthy relationships with their peers both now and in the future. As well as, our children will have respect for themselves and others. Weekly PSHE lessons should support them to becoming more confident to be reflective, resilient and independent learners, ready for life beyond primary school. Teaching the PSHE curriculum over the year and having our School Parliament should encourage the children to want to become active members of a democratic society, able to make informed choices regarding personal and social issues. This will encourage them to be thoughtful and respectful members of their community. Developing the children's understanding over the year within our three core themes will allow them to know the vocabulary to keep themselves safe physically, mentally and technologically.

At Christ the Sower, we assess the children by using a tracker where we can make informal judgements through teaching and work completed in the lesson. This allows us to gauge progress against specific learning intentions and success criteria linked to the lesson. PSHE is not a subject where we can level the children however, as a school we would like to recognise areas children find challenging to support them with specific areas of the curriculum.